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# 全品智能作业 素养测评卷

主编 肖德好

高中英语<sup>2</sup>  
必修第二册  
RJ

天津出版传媒集团  
天津人民出版社



# 全品智能作业 素养测评卷

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## 单元素养测评卷(一)

范围:Unit 1

(时间:120分钟 分值:150分)



单元素养测评卷(一)听力录音

## 第一部分 听力(共两节,满分30分)

## 第一节(共5小题;每小题1.5分,满分7.5分)

听下面5段对话。每段对话后有一个小题,从题中所给的A、B、C三个选项中选出最佳选项。听完每段对话后,你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

- ( )1. What does the woman want to do?  
A. Find a place. B. Buy a map. C. Get an address.
- ( )2. What food would the boy like to eat now?  
A. Cake. B. Eggs. C. Beef.
- ( )3. When does the man want to get to the airport?  
A. At 2:30. B. At 3:45. C. At 4:15.
- ( )4. What are the speakers talking about?  
A. Where to buy tickets.  
B. When to take a train.  
C. How to go to the cinema.
- ( )5. What season is it now?  
A. Autumn. B. Spring. C. Winter.

## 第二节(共15小题;每小题1.5分,满分22.5分)

听下面5段对话或独白。每段对话或独白后有几个小题,从题中所给的A、B、C三个选项中选出最佳选项。听每段对话或独白前,你将有时间阅读各个小题,每小题5秒钟;听完后,各小题将给出5秒钟的作答时间。每段对话或独白读两遍。

听第6段材料,回答第6、7题。

- ( )6. How does the woman most likely feel?  
A. Sorry. B. Disappointed. C. Annoyed.
- ( )7. What has happened to the woman recently?  
A. She failed in the exams several times.  
B. She moved out of her brother's house.  
C. She turned in papers late.

听第7段材料,回答第8、9题。

- ( )8. Why will the speakers eat out tonight?  
A. They can't cook at home.

- B. They don't feel like cooking.  
C. They want to eat some different food.
- ( )9. What does the man want to eat?  
A. Mexican food.  
B. French food.  
C. Italian food.

听第8段材料,回答第10至13题。

- ( )10. Why does the woman look upset?  
A. Sam lost her dictionary.  
B. Her pen was lost.  
C. The bus was late.
- ( )11. What does the man probably think of Sam?  
A. Rich. B. Poor. C. Careless.
- ( )12. What will the woman do with her aunt this afternoon?  
A. Go shopping. B. Talk to Sam. C. Play table tennis.
- ( )13. Why will the woman's father drive to the neighbouring city tomorrow?  
A. To meet a friend.  
B. To attend a meeting.  
C. To go sightseeing.

听第9段材料,回答第14至17题。

- ( )14. Who is the woman most probably speaking to?  
A. A retiree. B. A patient. C. A librarian.
- ( )15. What does the man need to do with the records?  
A. To return them.  
B. To collect them.  
C. To update them.
- ( )16. Why does the lunch club need more drivers?  
A. It is located in a neighbouring community.  
B. It promises to provide a lift for its members.  
C. Many members are from other communities.
- ( )17. When will Mrs Carroll go to the hospital?  
A. Next Friday. B. Next Tuesday. C. Next Monday.

听第10段材料,回答第18至20题。

- ( )18. What is the first speech class about?  
A. Audience. B. Pupils. C. Friends.
- ( )19. How can a student make the audience support a particular idea?  
A. By making links with them.

- B. By repeating the idea to them.  
C. By being friendly to them.

- ( )20. What happened to the students after the third class?  
A. They made fewer mistakes.  
B. They believed more in themselves.  
C. They made more friends.

## 第二部分 阅读(共两节,满分50分)

## 第一节(共15小题;每小题2.5分,满分37.5分)

阅读下列短文,从每题所给的A、B、C、D四个选项中选出最佳选项。

## A

UNESCO World Heritage Sites were created to celebrate and safeguard the most unique places around the world. Below are my 4 favourite UNESCO World Heritage Sites.

**Cinque Terre, Italy**

With cars banned here, you'll really get to feel the unique history and character of the Cinque Terre's five centuries-old coastal villages. The breathtaking views of harbours far below the wild coastline along with the rich colours will definitely make it a memorable holiday.

**Angkor Wat, Cambodia**

Angkor Wat is the world's largest religious (宗教的) monument and it contains impressive remains from the Khmer Empire (9th to 15th century). The site has dozens of iconic temples like Ta Prohm (a magnificent temple ruin hidden in the jungle). Hosting more than two million visitors annually, this artistic masterpiece is a must-see site.

**Petra, Jordan**

Petra's rock-cut architecture has contributed to its nickname, the Rose City, based on the colour of the stone it was carved from. The delicate constructions of temples and tombs along with the remains of churches and temples are only a couple of reasons why this world-famous site is a must-visit destination.

**Yellowstone National Park, USA**

Yellowstone's vast wilderness includes mountain ranges, lakes and waterfalls. One of the main reasons for tourists to visit Yellowstone is to observe the amazing wildlife like grizzly bears, bison, bighorn sheep wander the plains and valleys.

For a daily moment of travel inspiration, click here to follow me.

- ( ) 21. Where can tourists enjoy beautiful harbour views?  
A. In Cinque Terre. B. In Angkor Wat.  
C. In Petra. D. In Yellowstone National Park.
- ( ) 22. What do Angkor Wat and Petra have in common?  
A. Colourful stones. B. Religious relics.  
C. Coastal villages. D. Amazing wildlife.
- ( ) 23. Where is the text probably from?  
A. A news report. B. A wildlife brochure.  
C. A travel blog. D. An economic magazine.

**B** [2024·湖南怀化高一期末]

Before I came to China, the Great Wall held a mysterious and poetic quality for me. I had seen it in photos, in films and read about it in books, but my first experience of the wall gave me a very different impression. In 2014, I visited the Badaling section, certainly an attractive place with some incredible views, but perhaps due to the large number of tourists, the massive restorations and tourist facilities, it felt far different from the impression I had built up in my mind.

I have been to many different sections of the wall since then, but none have matched my high expectations until the recent National Day holiday. I decided to hike along the Jiankou section of the wall which rises more than 1,000 metres above sea level, and camp overnight to be able to take in both the sunset and sunrise.

Arriving at the top of the path, the only access point to get on to the wall itself was a ladder made of tree branches tied together with string. I climbed to one of the highest points on the wall in order to catch the sunset. Being completely alone on this unique and dangerous section of the wall, witnessing the sunset behind the mountains was a truly unique experience.

I woke up expecting to be able to catch the sunrise. However, my weather app failed me. Getting out of the tent, I could hardly see my hand in front of my face as the whole area was covered in a thick fog. I made the decision to climb back to the top of the wall. The vast mountains with the wall cutting a path along them became visible for a few brief moments as the gusts of wind parted the clouds. In that moment, the image of the wall I had built up in my mind was finally realized. The combination of raw nature, geography and architecture are all in balance with one another. Undoubtedly, I will return to the wall and seek out new paths, but this experience will be matchless.

- ( ) 24. Why was the author disappointed with his first visit to the Great Wall?  
A. There were not splendid views.  
B. It was not a fascinating tourist destination.  
C. The photos he saw before were unreal.  
D. There were too many restorations and tourist facilities.
- ( ) 25. What did the author do at Jiankou section of the Great Wall?  
A. He managed to witness the great sunrise.  
B. He enjoyed the unique sunset on his own.  
C. He climbed to the highest point of the Great Wall.  
D. He got on to the wall through a ladder made of string.
- ( ) 26. What did the author think of the Great Wall in the last paragraph?  
A. Disappointing. B. Terrible.  
C. Ordinary. D. Amazing.
- ( ) 27. What does the author want to tell us by sharing his experiences?  
A. Nature reveals the true beauty of the Great Wall.  
B. Foreign visitors should have a trip to the Great Wall.  
C. More attention should be paid to the protection of heritage sites.  
D. Parts of the Great Wall have suffered from tourism in recent years.

**C** [2024·浙江绍兴高一期末]

If exercise seems like a great idea but you can never keep up a routine, it's worth thinking about your exercise "mindset"—defined by psychologists as attitudes that shape our behaviour and reality. Research evidence is mounting that identifying some of our most habitual beliefs and replacing them with more adaptive ones can revive(恢复) our ability to keep ourselves healthy.

"Whether they're true or not, mindsets have an effect," says Dr Alia Crum. "They change what we pay attention to, what we're motivated to do, how we feel emotionally about what we're doing and what we decide to prioritize (优先处理)." For instance, maybe you've tried to shame or scare yourself into going to the gym by reconsidering the health risks of not moving. Or perhaps you've aimed to get active by thinking of the long-term positive aspects of exercise: exercising regularly is 1.5 times more effective than taking medicine in easing depression, stress and anxiety.

In contrast, thinking about exercise in all-or-nothing terms—"I need at least 30 minutes or there's no point"—is the enemy of consistency. "You want to use the mindset that any and all movement is worth it, and everything counts," says Dr Michelle Segar, a researcher at the University of Michigan. Even a quick walk in the middle of a busy day is good for your well-being. If that doesn't agree with your perfectionist tendencies (倾向), consider whether those tendencies have worked for you. Though strict standards may help some people, for many others they backfire, creating a cycle of failure.

Besides bringing flexibility (灵活性) to how you view your movement, changing your "why" for getting active can also help keep up motivation. Rather than seeing workouts as a way to lose weight, it can help to focus on more immediately pleasant reasons to do it, like clearing your mind or feeling less stressed.

Regarding the process of exercise as something that's attractive makes a difference. The key is to focus on the pleasure that exercise can bring, and then pick an activity that is actually rewarding.

- ( ) 28. What's the writing purpose of Paragraph 1?  
A. To give a general description of the mindset.  
B. To explain people's confusion over the mindset.  
C. To investigate the reasons for habitual behaviours.  
D. To stress the importance of adapting the exercise mindset.
- ( ) 29. What can be learned about Alia Crum's point of view?  
A. Everything matters in promoting one's health.  
B. Mindsets affect one's motivation and decision to act.  
C. It's a good idea to make an exercise plan more flexible.  
D. It's necessary to take some enjoyable and valuable exercise.
- ( ) 30. What does the author mean by the underlined sentence in Paragraph 3?  
A. Strict standards require people to work out every day.  
B. Strict standards aren't suitable for those perfectionists.  
C. Strict standards may lead to the opposite result for others.  
D. Strict standards stop people revising their plans regularly.
- ( ) 31. Which can be a suitable title for the text?  
A. A new study of exercise routine  
B. Focus on the pleasure of exercise  
C. The power of your exercise mindset  
D. Exercise mindset and failures connected

“There are more people actively learning a language through DuoLingo than in the entire US public school system,” says Luis von Ahn, founder of the free language learning app. Since its launch (投放市场) in 2012, more than 30 million people have downloaded the app, which gamified education and attracted many language learners.

The growth of technology for educational use has changed the way in which people learn and receive education. This is particularly true for languages, an area in which the explosion of mobile apps and interactive software has provided choices to a range of people who were previously unable to receive foreign language education.

Von Ahn says that when he founded DuoLingo he decided to find a way for people to learn a language for free. Free use of languages was something he had a personal interest in. He grew up in Guatemala, where he was surrounded by people all trying to learn English, half of whom were failing to do so and a lot of whom could not afford it.

One of the big changes caused by tech is the change in language learners. Languages have long been connected with the rich people, but now people from less rich backgrounds are finding affordable ways to learn.

Von Ahn says an unexpected result of DuoLingo being an app is that it's attracting an unlikely type of user. DuoLingo was designed (设计) to be like a game, and what the company has found is that many users aren't even necessarily diehard language fans; they're just looking for an educational way to kill some time.

“They're still procrastinating from something else, but at least it's somewhat useful,” says Von Ahn. “The truth of the matter is that learning a language takes months or years. We have to find a way to keep them interested and that's where the gamification came in.”

( ) 32. What can we say about DuoLingo after its launch?

- A. It is used by all US schools.
- B. It costs 30 dollars to download.
- C. It changes the use of languages.
- D. It makes education more enjoyable.

( ) 33. Why does the author mention Von Ahn in Paragraph 3?

- A. To show his poverty in childhood.

B. To explain why he founded the app.

C. To prove he was interested in the app.

D. To find out how he designed the app.

( ) 34. What change does DuoLingo bring to language learners?

- A. They can master a language faster.
- B. They become language fans totally.
- C. They can learn in a low-cost way.
- D. They can now use it to kill some time.

( ) 35. Which of the following can be the best title for the text?

- A. Reasons for learning a language
- B. How to learn a language online
- C. The development of a language app
- D. Mastering a language with DuoLingo

### 第二节(共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Expressive writing is a cornerstone of wellness and writing connections. If you are not familiar with it, you may be asking: “Just what is expressive writing, and how is that related to my wellness?”

Expressive writing is personal and emotional writing without regard to form or other writing conventions. 36. \_\_\_\_\_ It is one common tool used by psychologists in therapy and hundreds of studies found that it could be healing in many circumstances such as for cancer patients or those with disabilities.

Expressive writing therapy works because it allows you to make meaning out of a painful experience, experts say. Recognizing that something is bothering you is an important first step. 37. \_\_\_\_\_ And creating a narrative gives you a sense of control.

What if you don't consider yourself “a writer”? Don't worry about spelling or grammar, and don't share your writing with anyone. But do dig deep into your thoughts and feelings. 38. \_\_\_\_\_

Yanatha Desouvre, who teaches entrepreneurship at a college in Miami, took up expressive writing about 15 years ago, after the breakup of what he says was an unhealthy relationship. He wrote to understand why it made him feel vulnerable(脆弱的) and sometimes physically ill. He thinks of his expressive writing as a captain's log. 39. \_\_\_\_\_ “My expressive writing gave me the courage to face my fears,” Desouvre says. “And I believe it has helped me discover the hope I need to heal.”

40. \_\_\_\_\_ Expressive writing isn't a magical cure-all. It shouldn't be used as a replacement for other treatments. And people coping with a severe depression may not find it useful to do on their own, without therapy.

- A. But there are a few warnings.
- B. Your goal is to be honest with yourself.
- C. It is a recording of what happened and what he's learned.
- D. It simply expresses what is on your mind and in your heart.
- E. Spending minutes writing down your feelings improves your health.
- F. The topic can be anything as long as the writing expresses personal thoughts.
- G. Translating that experience into language forces you to organize your thoughts.

### 第三部分 语言运用(共两节,满分30分)

#### 第一节(共15小题;每小题1分,满分15分)

[2024·江苏扬州高一期末]

阅读下面短文,从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

After my diagnosis (诊断) with a cancer, I loved the 41 of having something new and green around. My wife, Hannah, bought me what she said was a lucky bamboo plant in a deep-green pottery bowl. We placed the plant in the living room. I 42 every time I looked at it from the sofa where I spent most of my time.

I told Hannah I wanted to 43 the plant myself. I was pleased when it didn't immediately turn yellow or brown or 44 all its leaves.

The cancer 45 my ability to walk, and the treatment left me 46, making it hard for me to perform everyday tasks. Since my diagnosis in August 2018, far too often, it seemed that I had to depend on help from other people. The huge 47 left me feeling upset. 48, caring for the plant gave me a sense of 49 at a time when I sometimes felt 50.

Before I fell sick, I had worked as a family doctor. I was used to being the one who 51 care, not the one who received it. Watering the plant, as small an act as it was, connected me to my old 52 and taught me I could still be a caregiver. Plants and 53 could still depend on me.

Over the next few months, I recovered from surgery and

54 work. Now I keep a few pots of lucky bamboo in my clinic. Sometimes, I will give one to my patients, telling them, "Take care of it. It 55 you!"

- ( ) 41. A. idea B. photo  
C. conclusion D. story
- ( ) 42. A. cried B. nodded  
C. smiled D. escaped
- ( ) 43. A. hunt for B. wish for  
C. call for D. care for
- ( ) 44. A. grow B. lose  
C. decorate D. shake
- ( ) 45. A. limited B. strengthened  
C. questioned D. showed
- ( ) 46. A. hopeful B. painless  
C. weak D. energetic
- ( ) 47. A. success B. change  
C. support D. failure
- ( ) 48. A. Besides B. Unfortunately  
C. However D. Therefore
- ( ) 49. A. achievement B. closeness  
C. humour D. adventure
- ( ) 50. A. proud B. useless  
C. amazed D. equal
- ( ) 51. A. accepted B. approached  
C. required D. provided
- ( ) 52. A. purpose B. personality  
C. dream D. identity
- ( ) 53. A. people B. memories  
C. jobs D. diseases
- ( ) 54. A. insisted on B. gave up  
C. returned to D. resulted in
- ( ) 55. A. observes B. needs  
C. connects D. respects

第二节(共 10 小题;每小题 1.5 分,满分 15 分)

[2024·山东威海高一期末]

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

Carved from mountains in Yunnan Province, the Honghe Hani Rice Terraces reach over more than 160 square kilometres to create

a most spectacular landscape.

Since ancient times, the local Hani people have channeled spring water from mountains and forests 56. \_\_\_\_\_ (water) the terraced fields. Some terraces are as big as football fields, and others no larger than a bed sheet. They climb 57. \_\_\_\_\_ riverbank locations at less than 500 metres above sea level to heights of more than 1,800 metres. The 58. \_\_\_\_\_ (common) used description "stairways to heaven" is most suitable here.

However, the wonder remained largely unknown to the rest of the world for 59. \_\_\_\_\_ (century). Nobody paid much attention to these terraces until 60. \_\_\_\_\_ 2000s. New roads arrived and the local government was determined to get the terraces 61. \_\_\_\_\_ (place) on UNESCO's World Heritage List. This 62. \_\_\_\_\_ (achieve) in 2013. Over the past decade, it has become impossible to keep such a wonder under wraps. Photography fans have crowded in, taking postcard-perfect pictures and then 63. \_\_\_\_\_ (post) them on social media.

Although the terraces shine with bright green during the summer growing season, the landscape is most 64. \_\_\_\_\_ (appeal) from November to late April. During this period, the water-filled terraces turn into natural mirrors 65. \_\_\_\_\_ reflect every sunrise and sunset.

第四部分 写作(共两节,满分 40 分)

第一节(满分 15 分)

5 月 15 日周三下午,你校在大礼堂举办了主题为 "How to protect cultural heritage" (如何保护文化遗产)的演讲比赛。请你为校英文报写一篇报道,内容包括:

1. 比赛目的;
2. 比赛过程;
3. 比赛反响。

注意:1. 词数 80 个左右;

2. 可以适当增加细节,以使行文连贯。

第二节(满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

When I was 15, I followed Roy to the deep mountain in search of astragalus root, which is a rare and valuable plant.

We searched for the plant for a whole day, but without luck. We found nothing. As it got dark, I asked Roy to go back, but he refused and said, "I would rather sleep on the mountain tonight and continue to search tomorrow!"

I desired to go home but I lacked the courage to go back alone, so I chose to stay and help Roy put up a simple tent under a tree. It was freezing cold on the mountain and there were scores of mosquitoes, which made it impossible for us to have a good sleep. What was worse, we heard a wolf howling nearby! I was so scared.

"I heard that wolves bully the weak and fear the strong," Roy told me. "Let's strike the shovel(铲子)and shout to scare it away!" He found a stone and started to strike the shovel. And then he shouted as he struck the shovel. Inspired, I followed him to shout loudly. Half an hour later, I felt cold all over the body. And the cold air on the mountain made that worse. My stomach began to ache. I lay in the tent, shivering, sweating and then falling unconscious. Roy was shocked with panic. He called my name screamingly, but I just made no response. He tried to put me on his back to carry me home but without success. At last, he went out and found some tree branches and blocked up the entrance to our tent with them. Then, he ran to the direction of our village as fast as he could.

Not knowing how much time went by, I heard some sounds approaching near. I thought it was Roy but I didn't hear him saying anything. In a shock, I sat up with a rush. At that moment, my eyes had adjusted to the darkness. Through a hole of our tent, I saw two animals like dogs removing the tree branches with their mouths and claws. They were wolves!

注意:续写词数应为 150 个左右。

Paragraph 1:

*Their sudden appearance shocked me and a cold sweat broke out all over my body.* \_\_\_\_\_

Paragraph 2:

*Strangely, I saw the two wolves turn around and run away in a flash.* \_\_\_\_\_